

**Manchester City Council
Report for Information**

Report to: Health Scrutiny Committee – 3 September 2015
Subject: Health and Wellbeing Update – Part 1
Report of: Strategic Director for Families, Health and Wellbeing

Summary

This report provides Members of the Committee with an overview of developments across Health and social care.

Recommendations

The Health Scrutiny Committee is asked to note the contents of this report.

Wards Affected: All

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Background documents (available for public inspection):

The following documents disclose important facts on which the report is based and have been relied upon in preparing the report. Copies of the background documents are available up to 4 years after the date of the meeting. If you would like a copy please contact one of the contact officers above.

None

1. Carers UK FAQ on how the Care Act will affect Carers¹

- 1.1 Carers UK have produced a FAQ sheet on how the Care Act will come into force and how it could affect carers. It explains that the Care Act is mainly for adults in need of care and support, and their adult carers. There are some provisions for the transition of children in need of care and support, parent carers of children in need of care and support, and young carers. However the main provisions for these groups (before transition) are in the Children and Families Act 2014. The FAQ sheet outlines what new rights carers have.
- 1.2 The Council is currently consulting on its new strategy for carers, its carer support offer and its carer assessment until Monday 5th October 2015. Carers' information leaflets are currently being updated, including information about access to services and will be finalised as the consultation ends.
- 1.3 The Council's Care Act Carers workstream outlines on the intranet that the Care Act strengthens the rights and recognition of carers in the following ways:
 - Improved access to information and advocacy to make it easier for carers to access support and plan for their future needs
 - The emphasis on prevention will mean that carers should receive support at an early stage and before reaching crisis point
 - Adults and carers have the same rights to an assessment on the appearance of needs
 - A local authority must meet eligible needs of carers and prepare a support plan
 - A carer should be kept informed of the care and support plan of the person they care for

2. Department of Health Annual Report on Assistive Technology 2014 - 2015²

- 2.1 Section 22 of the Chronically Sick and Disabled Persons Act 1970 requires a report to be laid before Parliament each year on progress made in Government-funded research relating to equipment that might increase the range of activities and independence or well-being of disabled people, known as assistive technology. Working with stakeholders, in 2001 the Foundation for Assistive Technology developed the following definition for assistive technology:

“Assistive technology is any product or service designed to enable independence for disabled and older people.”

- 2.2 The 2014/15 report highlights developments in funding for assistive technology research and innovation, some particular areas of research

¹ <https://www.carersuk.org/help-and-advice/practical-support/getting-care-and-support/care-act-faq>

² https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/446883/ass_tech_report_acc.pdf

activity, and the role of Academic Health Science Networks in supporting uptake and spread of assistive technology. The Annex provides a listing of Government-funded assistive technology research and development projects current in 2014/15. The report details successes and outlines key areas of research, such as around assisting the mobility of disabled people indoor and outdoor and innovation around prosthetics.

- 2.3 Researchers at the University of Manchester are studying personalised monitoring and enhanced self-management in mental health.

3. The NHS Diabetes Prevention Programme (NHS DPP)

- 3.1 The NHS Five Year Forward View and Public Health England's Evidence to Action set out a joint ambition, "to be the first country to implement at scale a national evidence-based diabetes prevention programme." This ambition was the subject of considerable media coverage the week commencing 17 August 2015.
- 3.2 There are an estimated 3.2 million people in England with diabetes of which 2.7 million have been diagnosed. A further four million people in England are at high risk of type 2 diabetes, and by 2030 more than four million people in England will have the disease. Diabetes accounts for £10 billion of NHS spend in the UK every year; with 80% of this spend on managing the complications of the disease. The health and financial burdens of this disease are high and this will continue to grow unless there is a greater focus on prevention.
- 3.3 90% of people with diabetes have type 2 diabetes and the majority of these cases could be prevented or delayed. Randomised control trials have shown a 30-60 per cent reduction in the incidence of Type 2 diabetes over three years in adults at high risk who received intensive lifestyle change interventions (compared to control groups).
- 3.4 The NHS Diabetes Prevention Programme will deliver at scale provision of evidence based lifestyle change programmes based on proven UK and international models focused on lowering weight, increasing physical activity and improving diet in those individuals who are identified at high risk of developing type 2 diabetes. The long term aim is to reduce the incidence of type 2 diabetes within England. There is a proposal to procure lead providers to deliver behavioural programmes in each region (e.g. North West) and these will be directly commissioned and funded by NHS England
- 3.5 Public Health England (PHE) is looking for Clinical Commissioning Group (CCG) and Local Authority partnerships, to be first wave implementers of the national programme. This will involve working with PHE and their contracted service provider(s) to deliver behaviour change interventions to prevent type 2 diabetes in a given locality. The partnerships chosen for the first wave will be areas with existing infrastructure to identify and refer people at high risk of type 2 diabetes into the behaviour change programmes (procured nationally) and the capability to implement the programme at pace.

- 3.6 PHE have now written out to invite expressions of interest by 18 September 2015 and discussions are currently underway in Manchester with the three CCGs about the development of a local proposal. At the same time consideration is being given to a Greater Manchester approach in light of the Devolution Agreement. The Committee will be kept informed of developments.

4. Progress on delivering Care Act requirements

- 4.1 In May 2015 Health Scrutiny Committee considered a report on the Implementation of the Care Act (2014). This report described the implementation of the act by Manchester City Council in respect the 1st tranche requirements that were required from the 1st April 2015, the report also outlined the requirements that need to be in place for the 1st April 2016.

- 4.2 The main emphasis of the new duties was to meet our obligations from 1 April 2015. Whilst, in the main, these have been largely met, there remains a number of key deliverables which we are currently consolidating:

These are:

- Embedding Prison Assessments
- Development of the full Wellbeing offer as part of the PH remit
- Production of a Prevention Strategy and producing a 'prevention pack' for care assessors
- Roll out of Connect to Support (to discharge our duties around statutory advice, information and guidance and production of a "Tailored Statement of Need")
- Embedding the new Social Care Assessments for both citizens and carers
- Market Shaping around, for example, greater choice for citizens if Personal Budgets increase
- Ensuring we have adequate information on MCC website around Deferred Payment Agreements
- Enhanced workforce development to offer face to face training to support e-learning roll out
- Adult Safeguarding – whilst we have an re-invigorated approach to the Manchester Safeguarding Adults Board, there remains much to do around Making Safeguarding Personal and embedding this through staff training, changes to MiCare, data capture etc

- 4.3 In the Care Act report to Health Scrutiny it was outlined the care act provisions that were due to come into force in April 2016 which included the requirement for the Council to maintain a care account for each person who has eligible care needs as it was proposed in the Care Act that from April 2016 there would be a cap of care costs of £72,000 which would be the most a person would be expected to pay for their care. However, in July this aspect of the Care Act has now been postponed by central government until 2020.

- 4.4 When the Care Act report was presented to July's Committee members sought further information as how people who did have access to a computer

would be able to access information.

People who do not have access to IT are able to access information through the following channels:

- Manchester Contact Centre Service using the dedicated number 0161 234 5001
- Emailing the Contact Centre using mcsreply@manchester.gov.uk and requesting a call back
- Visiting locality social work offices

4.5 In order to raise awareness of the Care Act with both citizens and carers, we have produced various leaflets and posters. Copies of these can be found in Appendix A, In addition:

- Information is available on the website in relation to the Care Act
- We have distributed posters and leaflets to the locality offices and the Town Hall, and they will be sent to Libraries and GP surgeries. Posters have been revised to include the phone number of the contact centre and the leaflet has been revised to include link to Help and Support Manchester.
- Social media messages have been sent out
- A Carers' Event took place on 11th June – with a Care Act stall at the event to promote the changes to carer's assessments. Factsheets and posters were on display, a member of staff from the Contact Centre was available to take referrals and Connect to Support and Help and Support Manchester were demonstrated. The response was positive and feedback was gathered on both systems.
- User Acceptance Testing for Connect to Support is in progress to test out how potential users find the self-assessment, Equipment house and personalised statements that have been developed. This will involve citizens via established Citizen Partnership working groups and the carers identified at Carers event. Initial contact has already been made with these groups.
- The new Interim Head of Adult Safeguarding is also attending a number of Citizen Partnership working groups (Age Friendly Manchester, LD Partnership Board, Sensory Citizen groups) to talk about Safeguarding and the Care Act.
- **Help and Support Manchester** is now live and ready to use. Help & Support Manchester is Manchester City Council's new all services directory, incorporating services for children, families and adults - Supporting Manchester's Care Act information duty. For more details, view HSM: <http://www.manchester.gov.uk/helpandsupportmanchester>

Whilst this may be inaccessible for a proportion of citizens, it is greatly beneficial to our partner agencies as well as the Voluntary & Community Sector who can better provide information to residents and signpost them to various support groups and other statutory services



Care and support is changing

In April 2015 the Care Act came into force. It improves social care and makes care and support more consistent across the country.

'Care and support' is the help some adults need to live as well as possible with any illness or disability they may have. It can include help with things like washing, dressing, eating, getting out and about and keeping in touch with friends or family.

The Care Act makes some changes to social care. Manchester City Council will now put these changes in place.

A new emphasis on wellbeing

We will be focusing on promoting wellbeing. This means we will continue to:

- ensure that everyone is treated with personal dignity and respect
- protect vulnerable people from abuse and neglect
- give control to people over day-to-day life and how care and support is provided.

We will give advice, support and information to people to help them with their:

- physical and mental health and emotional wellbeing
- social and economic wellbeing
- domestic, family and personal relationships
- suitability of living accommodation
- individual contribution to society
- participation in work, education, training or recreation.

Single eligibility criteria

All local authorities will now use the same way to decide who is eligible. This makes care and support more consistent. There will be new procedures in place to enable people to move to different local authority areas without having to be reassessed.

Improved support for carers

In England, millions of people provide unpaid care or support to an adult family member or friend, either in their own home or somewhere else.

'Caring' for someone covers lots of different things, like helping with their washing, dressing or eating, taking them to regular appointments or keeping them company when they feel lonely or anxious.

If this sounds like you, you may be able to get more help so that you can carry on caring and look after your own wellbeing.



You can contact us by:
Website: manchester.gov.uk/careact
Telephone: 0161 234 5001
Email: mcsreply@manchester.gov.uk
SMS Text: 07860 003160
Sign-video: manchester.gov.uk/signvideo

Deferred payment agreements for care

This means that people should not have to sell their homes to pay for care, as they have sometimes had to do in the past.

A deferred payment agreement is an arrangement with the council that will enable some people to use the value of their home to pay for care, if they own it. If you are eligible, we will help to pay the care home bills on your behalf. You can delay repaying us until you choose to sell your house, or until after your death.

Cap on care costs

It was initially proposed that under the Care Act there would be changes to how much people pay towards their care from 1 April 2016. This was called the 'cap on care costs' and involved protection from unlimited care costs. This has now been postponed by central government and the changes will not happen before April 2020.



What do you need to do now?

- If you are already receiving care and support you don't need to do anything now the council will put the Care Act duties in place.
- If you are not already receiving care and support but you feel you need help, you can contact us for advice.
- If you are a carer who may be eligible for support, you can contact us for advice.

Website: manchester.gov.uk/careact

Directory: manchester.gov.uk/helpandsupportmanchester

Telephone: 0161 234 5001

Email: mcsreply@manchester.gov.uk

SMS Text: 07860 003160

Sign-video: manchester.gov.uk/signvideo